

**Directory of Service**  
**Data Collection Template**

**Service ID:** TBC

**Service Name:** Osteoporosis Service -Rheumatology Barnsley NHS Foundation Trust-RFF

**Specialty:** Rheumatology

**Clinic Type:** Inflammatory Arthritis Musculoskeletal Bone/Osteoporosis Other Autoimmune Rheumatology Disease

**Service Contact Name:** Appointments Centre

**Contact Telephone Number:** 01226 434343

**Patient Telephone Line:** 01226 434343

**Hours of Operation:** (Mon to Fri 9-5) 24 hours Monday to Sunday

**Conditions Treated:**

**Please refer people with osteoporosis that:**

-Have failed to tolerate Alendronate and ideally Risedronate (the latter better GI tolerated).

-Have contraindications for bisphosphonates at all or orally.

-Have failed osteoporosis treatment (fracture despite adherence to therapy for at least a year and drop in bone mineral density).

-Have a FRAX classification of very high risk of fracture for consideration of parenteral therapies.

-Cannot continue community treatment with Denosumab due to intolerance or abnormalities on blood monitoring.

**Procedures Performed:**

-Parenteral treatments including IV Ibandronic acid, IV Zoledronic acid, Teriparatide and Romosozumab.

-Assessment of need to step up therapy.

### **Exclusions:**

**-Osteoporosis secondary to other conditions. Those under the care of rheumatology or endocrinology would have their osteoporosis managed as part of their care.**

**-People receiving Denosumab in the community who are tolerating and have not fracture while on treatment. Please refer to the Denosumab document from September 2022 on the BEST website for further advice.**

**-Osteomalacia and parathyroid disorders. These need to be discussed with endocrinology.**

**-Renal osteodystrophy. It is expected that these patients will already be under the care of the renal physicians and they are best placed to advise on osteoporosis management.**

**-Osteogenesis imperfecta. These need to be discussed with the Bone Unit at Sheffield.**

**-Paget's disease. The rheumatology department accepts these patients in the general clinic. Please use RAS for general rheumatology referrals.**

### **Suggested Investigations:**

**-DXA (up to the age of 90 years old) unless not practicable.**

**FBC, ESR (serum electrophoresis if high), TSH, coeliac screen, LFT, eGFR, vitamin D, bone profile.**

**Testosterone in men.**

**FSH/LH in premenopausal women.**

**-Please provide fracture history, previous osteoporosis therapies and reason for stopping them.**

**-Please consider asking your patient to have an up to date dental check in preparation for further osteoporosis treatments. Any dental work that involves gum healing will need to be completed for certain therapies to be commenced.**

### **Administrative Requirements:**

All referrals **MUST** include the following:

Up to date contact details,

Relevant Medical History,

List of current medication.

If the patient requires transport this needs to be arranged via the GP

Patients requiring an interpreter please contact the PALS office on 01226 432330.

**Service Notes:**

For any questions on the suitability of patients for this clinic, please address A+G request to Dr Bejarano at the rheumatology department.

**Alternative Service: Metabolic Bone Unit at Sheffield****Instructions:**

The main outpatient department is located off Gawber Road to the right of the main hospital entrance. The reception area is situated on the first floor which can be accessed by the escalator or lift.

If you are unable to keep your appointment please inform the hospital as soon as possible by contacting our Appointments Centre on 01226 434343.

The hospital offers limited standard and disabled car parking spaces that can become full quite quickly at peak times. If you travelling to an appointment or visiting by car, please allow extra time for parking.

Barnsley Hospital is smoke free. If you would like support to stop smoking, please contact Barnsley NHS Stop Smoking Service on 01226 432423

Thank you for choosing Barnsley Hospital.

**Updated By: Dr Victoria Bejarano Consultant Dermatologist and Karen Sharman, Service Manager. June 2023**